

JANE DOUGH

As a wife of 41 years, something I never thought about was my health benefits. I am now unable to work myself due to 3 neck surgeries and didn't work long enough to build my own SS, properly. I am the mother of two adult children and two small children, 4 and 7. I am now 59 years old. The abuse got so bad I had to call the cops and get a TOP. My husband's answer to that is to file for divorce rather than get the mental help he needs. By doing this I'll be left with no health insurance and very little SS, as his PTSD 100% income is untouchable for spousal support or child support. You don't think about this issue until it happens to you. My husband had a girl friend when all this took place. Something else you don't think will ever happen. My husband has had his 100% disability for PTDS for over 12 yrs. He has never had any counseling of any kind. How does that happen? The counseling should be a requirement of the check? No one expects that if you stand up to a person with a mental disorder, that has been holding a gun to your head and saying he will kill the whole family, you will lose your health benefits. This could happen to any one of you at any time.

**Signed**  
**janedough**

**Jane Dough can be reached at [janedough86@yahoo.com](mailto:janedough86@yahoo.com)**